



### ROBERT ALNET

French psychotherapist, he was trained as a teacher and educator, working with children and adolescents with difficulties, adult teacher and school director in France, Chile, Venezuela and the West Indies.

Trained in Rebirthing-Breathwork and in Family and Systemic Constellations. He has experience in different techniques: bioenergetics, reiki, kinesiology, enneagram, sound therapy...

In 1996 he started working with Rebirthing and in 2000 he discovered Bert Hellinger's systemic approach, which offered more depth to his work. In 2009 and together with Dorotea, they developed a therapeutic approach that combines Rebirthing with systemic work.

### DOROTEA MARTINEZ FUCCI

Graduated in Psychology, clinical specialty, she worked for 13 years in Therapeutic Communities for drug addiction rehabilitation.

Trained in Rebirthing in 1990 she works as a psychotherapist in individual and group sessions. Master in NLP and trained in EMDR and Family Constellations, since 2009, together with Robert, they developed a therapeutic approach that combines Rebirthing with systemic work.



**WHERE?:** Hotel Carlos III in Alcanar Platja (TARRAGONA- SPAIN)

**SCHEDULES:** 26, 27 and 28 October 2018. Arrival and welcome on Friday at 4pm to start the workshop at 5pm. The workshop ends on Sunday after lunch.

**INVESTMENT:** 320 € If you do your constellation, 220€ participating without your constellation. The price includes the training, accommodation and meals.

The rooms are double for single use, private bathroom and terrace to the beach. The hotel has a swimming pool, private beach and free Wi-Fi.

**RESERVATION:** To confirm the reservation it is essential to register and make a deposit of 50€ as a reservation.

### REGISTRATION AND FURTHER INFORMATION

Íngrid Queralt 669835245 [info@aequilibrium.cat](mailto:info@aequilibrium.cat)

Limited availability for constellations. Reservation by strict order of registration.



With Robert Alnet and  
Dorotea Martínez Fucci

October 26, 27 and 28 2018

Alcanar playa. Hotel Carlos III

Taking fully the strength of our birth and  
saying YES to our life.

## Why constellating our "birth script"?

Whatever it may have been, our "birth script" - the set of circumstances in which we have come to life from conception to the first months after birth – it has a very deep influence on us and its invisible footprint echoes throughout our life.

The more conscious we become about that echo, the more we consciously integrate and agree to those circumstances, the more we are able to take the force of our birth, and our place in life.

In our experience, the constellation of the birth or the birth script is a very fruitful field that opens a specially healing space. In this field, powerful energies related to the deepest dynamics of life are approached and this, perhaps, explains the power of this work.

Among other benefits, it helps to recognize, integrate and release the often traumatic experiences that have marked our pre and perinatal phase and that, hidden and isolated in the depths of our unconscious, continue conditioning our adult life.

The workshop includes a training part where the bases of this therapeutic work will be shared.



## Goals:

- Opening ourselves to "new insights" about the beginning of our life.
- Helping us to transform limiting beliefs and patterns originated in our birth script.
- And above all, saying Yes to our origin, integrating, through the constellations, the conditions of our birth and our birth script to help us to embrace life more fully and to align ourselves with the real meaning of our pathway.

## Designed for:

- People who do not fully feel strength, joy or fulfillment in their lives.
- For those who feel that they are repeating behavioral patterns or attitudes that hinder them from fully taking their lives



- For those who know about events that happened in this period and do not know how this is now influencing their lives

- For helping professionals who want to know new therapeutic tools and gain a broader point of view of the life phases around birth: psychologists, therapists, rebirthers, midwives, doulas ...

"Birth and prenatal experiences are the foundation of the human personality. Everything that we become or that we hope to become is influenced by what happens to us in these two critical periods. "  
Dr. T. VERNY".